

Form W4/360M Stock No. 02-3041

| Train Number ▶                        | 67       | 89       | 79        | 2151    | 91       | 2153   | 95      | 195     | 2155    | 2157    | 2251    | 171      | 99      | 2159    | 93      | 83      | 161     | 2163    | 2253     | 85       | 87 | 173   | 163      | 2255     | 2167    |         |
|---------------------------------------|----------|----------|-----------|---------|----------|--------|---------|---------|---------|---------|---------|----------|---------|---------|---------|---------|---------|---------|----------|----------|----|-------|----------|----------|---------|---------|
| Days of Operation ▶                   | Daily    | Daily    | Daily     | Mo-Fr   | Daily    | Mo-Fr  | Mo-Fr   | SaSu    | Mo-Fr   | Mo-Fr   | Sa      | Mo-Fr    | SaSu    | Mo-Fr   | Mo-Th   | Fr      | SaSu    | Mo-Fr   | SaSu     | Mo-Fr    | Su | Mo-Fr | SaSu     | Su       | Mo-Fr   |         |
| On Board Service ▶                    | BR       | BR       | BR        | BR      | BR       | BR     | BR      | BR      | BR      | BR      | BR      | BR       | BR      | BR      | BR      | BR      | BR      | BR      | BR       | BR       | BR | BR    | BR       | BR       | BR      |         |
| <b>Boston, MA-South Sta.</b>          | 9:45P    |          |           | 5:20A   |          |        | 6:20A   | 6:05A   | 6:40A   | 7:20A   | 8:20A   | 8:10A    | 8:10A   | 8:40A   | 9:20A   | 9:35A   | 9:35A   | 9:40A   | 11:20A   | 11:10A   |    |       | 11:40A   | 11:40A   | 1:10P   | 1:20P   |
| <b>Boston, MA-Back Bay</b>            | 9:50P    |          |           | R 5:25A |          |        | R 6:25A | R 6:10A | R 6:45A | R 7:25A | R 8:25A | R 8:15A  | R 8:15A | R 8:45A | R 9:25A | R 9:40A | R 9:45A | R 9:45A | R 11:25A | R 11:15A |    |       | R 11:45A | R 11:45A | R 1:15P | R 1:25P |
| <b>Route 128, MA</b>                  | 10:00P   |          |           | R 5:34A |          |        | R 6:34A | R 6:20A | R 6:55A | R 7:34A | R 8:34A | R 8:24A  | R 8:25A | R 8:55A | R 9:34A | R 9:51A | R 9:51A | R 9:55A | R 11:34A | R 11:24A |    |       | R 11:56A | R 11:55A | R 1:24P | R 1:34P |
| <b>Providence, RI</b>                 | 10:25P   |          |           | 5:54A   |          |        | 6:54A   | 6:44A   | 7:20A   | 7:54A   | 8:54A   | 8:44A    | 8:57A   | 9:20A   | 9:54A   | 10:16A  | 10:16A  | 10:20A  | 11:54A   | 11:44A   |    |       | 12:21P   | 12:20P   | 1:44P   | 1:54P   |
| <b>Kingston, RI</b>                   | 10:46P   |          |           |         |          |        |         |         |         |         |         |          |         |         |         |         |         |         |          |          |    |       | 12:42P   | 12:41P   |         |         |
| <b>Westerly, RI</b>                   | 11:01P   |          |           |         |          |        |         |         |         |         |         |          |         |         |         |         |         |         |          |          |    |       |          |          |         |         |
| <b>Mystic, CT</b>                     | 11:22P   |          |           |         |          |        |         |         |         |         |         |          |         |         |         |         |         |         |          |          |    |       |          |          |         |         |
| <b>New London, CT</b>                 | 11:25P   |          |           |         |          |        |         |         |         |         |         |          |         |         |         |         |         |         |          |          |    |       | 1:14P    | 1:17P    |         |         |
| <b>Old Saybrook, CT</b>               | 11:46P   |          |           |         |          |        |         |         |         |         |         |          |         |         |         |         |         |         |          |          |    |       | 1:34P    | 1:36P    |         |         |
| <b>New Haven, CT</b>                  | 12:00A   |          |           |         |          |        |         |         |         |         |         |          |         |         |         |         |         |         |          |          |    |       | 2:08P    | 2:09P    |         |         |
| <b>Bridgeport, CT</b>                 | 12:26A   |          |           | 7:21A   |          |        |         |         |         |         |         |          |         |         |         |         |         |         |          |          |    |       | 2:11P    | 2:11P    | 3:18P   |         |
| <b>Stamford, CT</b>                   | 1:12A    |          |           | 7:59A   |          |        |         |         |         |         |         |          |         |         |         |         |         |         |          |          |    |       | 2:31P    | 2:31P    | 3:57P   | 3:57P   |
| <b>New Rochelle, NY</b>               |          |          |           |         |          |        |         |         |         |         |         |          |         |         |         |         |         |         |          |          |    |       | 2:56P    | 2:56P    | 3:57P   | 3:57P   |
| <b>New York, NY</b>                   |          |          |           |         |          |        |         |         |         |         |         |          |         |         |         |         |         |         |          |          |    |       | 3:15P    | 3:15P    | 4:22P   | 4:22P   |
| <b>Newark, NJ</b>                     | 2:01A    | 6:15A    | 7:05A     | 8:45A   | 10:01A   | 9:40A  | 10:20A  | 10:50A  | 10:42A  | 11:45A  | 11:42A  | 12:20P   | 12:50P  | 12:42P  | 1:50P   | 1:50P   | 2:42P   | 2:42P   | 3:05P    | 3:06P    |    |       | 3:50P    | 3:50P    | 4:42P   | 4:42P   |
| <b>Newark Intl. Airport, NJ</b>       | 2:45A    | R 6:33A  | R 7:22A   | 9:00A   | R 10:15A | 10:00A | 10:35A  | 11:05A  | 11:00A  | 12:00N  | 12:00N  | 12:35P   | 1:05P   | 1:00P   | 2:05P   | 2:05P   | 3:00P   | 3:00P   | R 3:22P  | R 3:22P  |    |       | 4:05P    | 4:05P    | 5:00P   | 5:00P   |
| <b>Metropark, NJ</b>                  | 3:05A    |          |           | 9:15A   | R 10:21A | 10:15A | 10:52A  | 11:22A  | 11:15A  | 12:15P  | 12:15P  | 12:52P   | 1:22P   | 1:15P   | 2:22P   | 2:22P   | 3:15P   | 3:15P   |          |          |    |       | 4:22P    | 4:22P    | 5:15P   | 5:15P   |
| <b>Trenton, NJ</b>                    | 3:21A    |          | 7:37A     |         | R 10:59A |        | 10:57A  | 11:27A  |         |         |         | 12:57P   | 1:27P   |         | 2:27P   | 2:27P   | 3:20P   | 3:00P   |          |          |    |       | 4:27P    | 4:27P    | 5:15P   | 5:15P   |
| <b>Trenton, NJ</b>                    | 3:48A    |          | 8:02A     |         | R 11:35A |        | 11:08A  | 11:39A  | 11:28A  |         |         | 1:08P    | 1:39P   | 1:28P   | 2:38P   | 2:38P   | 3:30P   | 3:01P   |          |          |    |       | 4:39P    | 4:39P    | 5:28P   | 5:28P   |
| <b>Philadelphia, PA-30th St. Sta.</b> | 4:52A    | R 7:34A  | 8:37A     | 10:09A  | R 11:35A | 11:09A | 11:30A  | 12:01P  | 1:01P   | 2:02P   |         | 1:08P    | 1:39P   | 1:28P   | 2:38P   | 2:38P   | 3:30P   | 3:01P   |          |          |    |       | 4:40P    | 4:40P    | 5:29P   | 5:29P   |
| <b>Wilmington, DE</b>                 | 5:15A    | R 7:58A  | 9:00A     | 10:29A  | R 12:00N | 11:29A | 12:36P  | 12:54P  | 12:32P  | 1:29P   | 1:32P   | 2:15P    | 2:32P   | 2:32P   | 3:30P   | 3:30P   | 4:29P   | 4:09P   | 4:12P    | 4:25P    |    |       | 5:29P    | 5:29P    | 6:12P   | 6:09P   |
| <b>Aberdeen, MD</b>                   |          |          |           |         |          |        |         |         |         |         |         |          |         |         |         |         |         |         |          |          |    |       | 5:49P    | 5:49P    | 6:32P   | 6:29P   |
| <b>Baltimore, MD</b>                  | 6:10A    | R 8:45A  | 9:52A     | 11:09A  | R 12:09P | 11:19P | 12:09P  | 1:19P   | 1:42P   | 2:09P   | 2:13P   | 3:21P    | 3:42P   | 3:12P   | 4:36P   | 4:36P   | 5:30P   | 5:09P   | 5:13P    | 5:37P    |    |       | 6:35P    | 6:42P    | 7:13P   | 7:09P   |
| <b>BWI Airport, MD</b>                | 6:23A    |          |           | 11:21A  |          |        | 12:21P  | 1:31P   | 1:55P   | 2:21P   | 2:25P   | 3:34P    | 3:55P   | 4:49P   | 4:49P   | 5:58P   | 5:21P   | 5:25P   | 5:50P    | 5:57P    |    |       | 6:49P    | 6:55P    | 7:25P   | 7:21P   |
| <b>New Carrollton, MD</b>             | 6:44A    |          |           |         |          |        | 1:46P   | 2:09P   |         |         | D 3:48P | 4:09P    | 5:03P   | 5:03P   | D 5:11P |         |         |         | 6:08P    | 6:11P    |    |       | 7:04P    | 7:08P    |         |         |
| <b>Washington, DC</b>                 | 7:00A    |          | 10:26A    | 11:47A  |          |        | 2:00P   | 2:30P   | 1:47P   | 2:47P   | 2:55P   | 4:30P    | 5:00P   | 3:47P   | 5:20P   | 5:20P   | 6:29P   | 6:30P   | 5:55P    | 6:29P    |    |       | 7:20P    | 7:30P    | 7:55P   | 7:47P   |
| <b>Alexandria, VA</b>                 | 7:30A    | R 9:55A  | 10:50A    |         | R 2:05P  |        | 2:30A   | 3:00P   |         |         |         | 5:00P    | 5:00P   |         | 5:50P   | 5:50P   | 5:30P   |         |          |          |    |       | 7:00P    | 7:00P    |         |         |
| <b>Franconia-Springfield, VA</b>      | 7:47A    | 10:12A   | 11:07A    |         | 2:24P    |        | 2:45P   | 3:16P   |         |         |         | 5:15P    |         |         | 6:05P   | 6:05P   |         |         |          |          |    |       | 7:15P    |          |         |         |
| <b>Woodbridge, VA</b>                 | 7:57A    |          |           |         |          |        |         |         | 3:04P   | 3:35P   |         |          |         |         |         |         |         |         |          |          |    |       |          |          |         |         |
| <b>Quantico, VA</b>                   | 8:17A    |          | 11:34A    |         |          |        | 3:18P   | 3:49P   |         |         |         | 5:45P    |         | 6:35P   | 6:35P   |         |         |         |          |          |    |       | 7:33P    | 7:33P    |         |         |
| <b>Fredericksburg, VA</b>             | 8:36A    |          | 11:52A    |         |          |        | 3:40P   | 4:11P   |         |         |         | 6:07P    |         | 6:57P   | 6:57P   |         |         |         |          |          |    |       | 7:47P    | 7:47P    |         |         |
| <b>Ashland, VA</b>                    | 9:19A    |          |           |         |          |        | 4:21P   | 4:52P   |         |         |         | 6:49P    |         | 7:39P   | 7:39P   |         |         |         |          |          |    |       | 8:06P    | 8:06P    |         |         |
| <b>Richmond, VA-Staples Mill Rd.</b>  | 9:40A    | 11:50A   | 12:57P    |         | 4:04P    |        | 4:40P   | 5:15P   |         |         |         | 7:10P    |         | 8:05P   | 8:05P   |         |         |         |          |          |    |       | 9:10P    | 9:10P    |         |         |
| <b>Richmond, VA-Main St. Sta.</b>     | 9:45A    |          |           |         |          |        | 4:45P   |         |         |         |         | 7:10P    |         | 8:05P   | 8:10P   |         |         |         |          |          |    |       |          |          |         |         |
| <b>Williamsburg, VA</b>               | 10:12A   |          |           |         |          |        | 5:12P   |         |         |         |         | 7:37P    |         | 8:37P   |         |         |         |         |          |          |    |       |          |          |         |         |
| <b>Newport News, VA</b>               | L 11:04A |          |           |         |          |        | L 6:01P |         |         |         |         | L 9:28P  |         |         |         |         |         |         |          |          |    |       |          |          |         |         |
| <b>Norfolk, VA</b>                    | L 11:04A |          |           |         |          |        | L 6:50P |         |         |         |         | L 9:15P  |         |         |         |         |         |         |          |          |    |       |          |          |         |         |
| <b>Virginia Beach, VA</b>             | 12:05P   |          |           |         |          |        | 7:05P   |         |         |         |         | 9:30P    |         |         |         |         |         |         |          |          |    |       |          |          |         |         |
| <b>Norfolk, VA</b>                    | D 12:50P | To       | To        |         | To       |        | D 7:50P |         |         |         |         | D 10:00P |         |         |         |         |         |         |          |          |    |       |          |          |         |         |
| <b>Virginia Beach, VA</b>             | 1:30P    | Savannah | Charlotte |         | Florida  |        | 8:30P   |         |         |         |         | 10:30P   |         |         |         |         |         |         |          |          |    |       |          |          |         |         |

| Train Number ▶               | 135     | 137     | 2297    | 165     | 2171    | 2257    | 97    | 175     | 2259    | 2173    | 167     | 2175    | 177     | 2191    | 197     | 179     | 169     | 67       |
|------------------------------|---------|---------|---------|---------|---------|---------|-------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------|
| Days of Operation ▶          | SaSu    | Mo-Fr   | Su      | SaSu    | Mo-Fr   | Su      | Daily | Mo-Fr   | Su      | Mo-Fr   | SaSu    | Mo-Fr   | Mo-Fr   | Mo-Fr   | SaSu    | Mo-Th   | Fr      | Daily    |
| On Board Service ▶           | BR      | BR      | BR      | BR      | BR      | BR      | BR    | BR      | BR      | BR      | BR      | BR      | BR      | BR      | BR      | BR      | BR      | BR       |
| <b>Boston, MA-South Sta.</b> | 1:00P   | 1:40P   | 2:10P   | 3:00P   | 3:20P   | 3:10P   |       | 3:10P   | 4:10P   | 4:20P   | 4:40P   | 5:20P   | 5:35P   | 6:20P   | 6:40P   | 7:25P   | 7:25P   | 9:45P    |
| <b>Boston, MA-Back Bay</b>   | R 1:05P | R 1:45P | R 2:15P | R 3:05P | R 3:25P | R 3:15P |       | R 3:15P | R 4:15P | R 4:25P | R 4:45P | R 5:25P | R 5:40P | R 6:25P | R 6:45P | R 7:30P | R 7:30P | R 9:50P  |
| <b>Route 128, MA</b>         | R 1:15P | R 1:56P | R 2:24P | R 3:15P | R 3:34P | R 3:24P |       | R 3:25P | R 4:24P | R 4:34P | R 4:55P | R 5:34P | R 5:51P | R 6:34P | R 6:55P | R 7:40P | R 7:40P | R 10:00P |
| <b>Providence, RI</b>        | 1:47P   | 2:21P   | 2:44P   | 3:47P   | 3:54P   | 3:44P   |       | 3:58P   | 4:44P   | 4:54P   | 5:20P   | 6:16P   | 6:16P   | 6:54P   | 7:20P   | 8:04P   | 8:04P   | 10:25P   |
| <b>Kingston, RI</b>          | 2:09P   | 2:42P   |         | 4:08P   |         |         |       | 4:19P   |         |         | 5:41P   |         | 6:37P   |         | 7:41P   | 8:25P   | 8:25P   | 10:46P   |
| <b>Westerly, RI</b>          |         | 2:57P   |         | 4:23P   |         |         |       |         |         |         | 5:56P   |         | 6:51P   |         | 8:39P   | 8:39P   |         | 11:01P   |
| <b>Mystic, CT</b>            | 2:30P   |         |         | 4:33P   |         |         |       |         |         |         | 7:01P   |         | 8:01P   |         |         |         |         | 11:12P   |
| <b>New London, CT</b>        | 2:45P   | 3:18P   |         | 4:47P   |         |         |       |         |         |         | 6:17P   |         | 7:15P   |         | 9:01P   | 9:01P   |         | 11:25P   |
| <b>Old Saybrook, CT</b>      | 3:04P   | 3:38P   |         |         |         |         |       |         |         |         | 6:36P   |         | 7:34P   |         | 8:37P   |         |         | 11:46P   |
| <b>New Haven, CT</b>         | 3:37P   | 4:09P   |         | 5:38P   |         |         |       | 5:41P   |         |         | 7:09P   |         | 8:08P   |         | 9:09P   | 9:49P   |         | 12:20A   |
| <b>Bridgeport, CT</b>        | 3:41P   | 4:11P   | 4:18P   | 5:41P   | 5:18P   | 5:18P   |       | 5:44P   | 6:18P   |         | 7:11P   |         | 8:23P   |         | 9:11P   | 9:51P   |         | 12:26A   |
| <b>Stamford, CT</b>          | 4:01P   | 4:31P   |         | 6:01P   |         |         |       |         |         |         | 7:31P   |         | 8:43P   |         | 9:31P   | 10:11P  |         |          |
| <b>New Rochelle, NY</b>      | 4:26P   | 4:56P   | 4:57P   | 6:26P   | 5:57P   | 5:57P   |       | 6:27P   | 6:57P   |         | 7       |         |         |         |         |         |         |          |



# Newport News–Washington–Boston

EFFECTIVE NOVEMBER 1, 2004

# Northbound

Virginia Beach • Newport News • Richmond • Washington • Boston

Form W4/360M Stock No. 02-3041

| Train Number ▶                 | 66    | 2190  | 190     | 150  | 2150  | 170   | 160  | 2152  | 162  | 2154  | 172   | 84    | 2158  | 2250 | 164  | 174   | 98    | 82           | 86    | 2252  | 88   | 2164  | 2298 | 176   | 2166  |
|--------------------------------|-------|-------|---------|------|-------|-------|------|-------|------|-------|-------|-------|-------|------|------|-------|-------|--------------|-------|-------|------|-------|------|-------|-------|
| Days of Operation ▶            | Daily | Mo-Fr | Mo-Fr   | SaSu | Mo-Fr | Mo-Fr | SaSu | Mo-Fr | SaSu | Mo-Fr | Mo-Fr | Mo-Fr | Mo-Fr | SaSu | SaSu | Mo-Fr | Daily | Sa           | Mo-Fr | Su    | SaSu | Mo-Fr | Su   | Mo-Fr | Mo-Fr |
| On Board Service ▶             | BR    | BR    | BR      | BR   | BR    | BR    | BR   | BR    | BR   | BR    | BR    | BR    | BR    | BR   | BR   | BR    | BR    | BR           | BR    | BR    | BR   | BR    | BR   | BR    | BR    |
| Newport News, VA               | Dp    | 99    | 4 20P   |      |       |       |      |       |      |       |       |       |       |      |      |       |       | From Florida |       |       |      |       |      |       |       |
| Williamsburg, VA               | Ar    |       | 4 42P   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Richmond, VA—Main St. Sta.     |       |       | 5 30P   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Richmond, VA—Staples Mill Rd.  | Ar    |       | 5 55P   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Ashland, VA                    | Ar    |       | 6 13P   |      |       |       |      |       |      |       |       |       |       |      |      |       |       | 6 50A        | 7 35A | 8 00A |      |       |      |       |       |
| Fredericksburg, VA             |       |       | 6 56P   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Quantico, VA                   |       |       | 7 15P   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Woodbridge, VA                 |       |       | 7 35P   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Franconia-Springfield, VA      |       |       | 7 45P   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Alexandria, VA                 |       |       | 8 25P   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Washington, DC                 | Ar    |       | 10 00P  |      | 3 00A | 3 00A |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| New Carrollton, MD             |       |       | 10 12P  |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| BWI Airport, MD                |       |       | 10 30P  |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Baltimore, MD                  |       |       | 10 45P  |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Aberdeen, MD                   |       |       |         |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Wilmington, DE                 |       |       | 11 36P  |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Philadelphia, PA—30th St. Sta. |       |       | 12 30A  |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Trenton, NJ                    |       |       | 1 05A   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Metropark, NJ                  |       |       | 1 32A   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Newark Intl. Airport, NJ       |       |       |         |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Newark, NJ                     |       |       | 1 51A   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| New York, NY                   | Ar    |       | 2 15A   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| New Rochelle, NY               | Dp    |       | 3 15A   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Stamford, CT                   |       |       | 4 04A   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Bridgeport, CT                 |       |       | 4 55A   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| New Haven, CT                  | Ar    |       | 5 10A   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Old Saybrook, CT               |       |       | 5 41A   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| New London, CT                 |       |       | 6 00A   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Mystic, CT                     |       |       | 6 13A   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Westerly, RI                   |       |       | 6 24A   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Kingston, RI                   |       |       | 6 40A   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Providence, RI                 |       |       | 7 30A   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Route 128, MA                  |       |       | D 7 57A |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Boston, MA—Back Bay            |       |       | D 8 10A |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |
| Boston, MA—South Sta.          | Ar    |       | 8 15A   |      |       |       |      |       |      |       |       |       |       |      |      |       |       |              |       |       |      |       |      |       |       |

| Train Number ▶                 | 2254 | 194  | 2168    | 94    | 2170    | 2256 | 92           | 168  | 2172  | 178   | 166 | 2174  | 80    | 90    | 66    | 78  |
|--------------------------------|------|------|---------|-------|---------|------|--------------|------|-------|-------|-----|-------|-------|-------|-------|-----|
| Days of Operation ▶            | SaSu | SaSu | Mo-Fr   | Mo-Fr | Mo-Fr   | Su   | Daily        | SaSu | Mo-Fr | Mo-Fr | Su  | Mo-Fr | Daily | Daily | Daily | Fri |
| On Board Service ▶             | BR   | BR   | BR      | BR    | BR      | BR   | BR           | BR   | BR    | BR    | BR  | BR    | BR    | BR    | BR    | BR  |
| Virginia Beach, VA             | Dp   |      | 6 55A   |       | 7 00A   |      | From Florida |      |       |       |     |       |       |       |       |     |
| Norfolk, VA                    | Dp   |      | R 7 15A |       | R 7 40A |      |              |      |       |       |     |       |       |       |       |     |
| Newport News, VA               | Ar   |      | 8 45A   |       | 8 50A   |      |              |      |       |       |     |       |       |       |       |     |
| Williamsburg, VA               | Ar   |      | 9 00A   |       | 9 20A   |      |              |      |       |       |     |       |       |       |       |     |
| Richmond, VA—Main St. Sta.     |      |      | 10 17A  |       | 10 37A  |      |              |      |       |       |     |       |       |       |       |     |
| Richmond, VA—Staples Mill Rd.  | Ar   |      | 10 45A  |       | 11 05A  |      |              |      |       |       |     |       |       |       |       |     |
| Ashland, VA                    | Ar   |      | 11 02A  |       | 11 22A  |      |              |      |       |       |     |       |       |       |       |     |
| Fredericksburg, VA             |      |      | 11 44A  |       | 12 04P  |      |              |      |       |       |     |       |       |       |       |     |
| Quantico, VA                   |      |      | 12 04P  |       | 12 24P  |      |              |      |       |       |     |       |       |       |       |     |
| Woodbridge, VA                 |      |      |         |       |         |      |              |      |       |       |     |       |       |       |       |     |
| Franconia-Springfield, VA      |      |      |         |       |         |      |              |      |       |       |     |       |       |       |       |     |
| Alexandria, VA                 |      |      | 12 35P  |       | 12 55P  |      |              |      |       |       |     |       |       |       |       |     |
| Washington, DC                 | Ar   |      | 1 05P   |       | 1 35P   |      |              |      |       |       |     |       |       |       |       |     |
| New Carrollton, MD             |      |      | 1 25P   |       | 2 05P   |      |              |      |       |       |     |       |       |       |       |     |
| BWI Airport, MD                |      |      | 1 36P   |       | 2 16P   |      |              |      |       |       |     |       |       |       |       |     |
| Baltimore, MD                  |      |      | 1 21P   |       | 2 32P   |      |              |      |       |       |     |       |       |       |       |     |
| Aberdeen, MD                   |      |      | 1 35P   |       | 2 07P   |      |              |      |       |       |     |       |       |       |       |     |
| Wilmington, DE                 |      |      | 2 17P   |       | 2 55P   |      |              |      |       |       |     |       |       |       |       |     |
| Philadelphia, PA—30th St. Sta. |      |      | 2 38P   |       | 3 18P   |      |              |      |       |       |     |       |       |       |       |     |
| Trenton, NJ                    |      |      | 3 47P   |       | 4 25P   |      |              |      |       |       |     |       |       |       |       |     |
| Metropark, NJ                  |      |      | 3 21P   |       | 4 08P   |      |              |      |       |       |     |       |       |       |       |     |
| Newark Intl. Airport, NJ       |      |      | 4 19P   |       | 4 54P   |      |              |      |       |       |     |       |       |       |       |     |
| Newark, NJ                     |      |      | 3 35P   |       | 4 25P   |      |              |      |       |       |     |       |       |       |       |     |
| New York, NY                   | Ar   |      | 3 50P   |       | 4 45P   |      |              |      |       |       |     |       |       |       |       |     |
| New Rochelle, NY               | Dp   |      | 4 03P   |       | 5 00P   |      |              |      |       |       |     |       |       |       |       |     |
| Stamford, CT                   |      |      | 4 46P   |       | 5 48P   |      |              |      |       |       |     |       |       |       |       |     |
| Bridgeport, CT                 |      |      | 5 30P   |       | 6 31P   |      |              |      |       |       |     |       |       |       |       |     |
| New Haven, CT                  | Ar   |      | 6 33P   |       | 7 14P   |      |              |      |       |       |     |       |       |       |       |     |
| Old Saybrook, CT               |      |      | 7 04P   |       | 7 59P   |      |              |      |       |       |     |       |       |       |       |     |
| New London, CT                 |      |      | 7 23P   |       | 8 19P   |      |              |      |       |       |     |       |       |       |       |     |
| Mystic, CT                     |      |      |         |       |         |      |              |      |       |       |     |       |       |       |       |     |
| Westerly, RI                   |      |      | 7 43P   |       |         |      |              |      |       |       |     |       |       |       |       |     |
| Kingston, RI                   |      |      | 7 59P   |       | 8 50P   |      |              |      |       |       |     |       |       |       |       |     |
| Providence, RI                 |      |      | L 6 48P |       | L 7 49P |      |              |      |       |       |     |       |       |       |       |     |
| Route 128, MA                  |      |      | D 7 21P |       | D 8 49P |      |              |      |       |       |     |       |       |       |       |     |
| Boston, MA—Back Bay            |      |      | D 7 30P |       | D 9 00P |      |              |      |       |       |     |       |       |       |       |     |
| Boston, MA—South Sta.          | Ar   |      | 7 35P   |       | 9 05P   |      |              |      |       |       |     |       |       |       |       |     |

Shading—Reservations Required  
Blue Shading indicates Acela Express.

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### Symbols and Reference Marks

- A** Time Symbol for A.M.
- D** Stops only to discharge passengers.
- L** Stops to receive and discharge passengers; train may leave before time shown.
- N** Time Symbol for Noon
- P** Time Symbol for P.M.
- R** Stops only to receive passengers.
- W** Will ALSO operate 11/25/04, 2/21/05
- BR** Business Class-Reserved seating
- BR** Will ALSO operate 11/24/04
- R** Will NOT operate 11/25/04, 2/21/05
- R** Will NOT operate 2/20/05
- R** Will ALSO operate 11/25/04 Richmond-Boston; 2/20/05 Washington-Boston
- Q** Amtrak® Quiet Car®.
- T** All-reserved train, reservations required.
- R** Will NOT operate 11/25-26, 12/27-31/04, 2/21/05
- W** Will ALSO operate 2/21/05
- ⚡** Connecting Thruway bus.
- Ⓜ** Sleeping Car service available.
- ⊕** First class service available.
- ⓧ** Dining Car serving complete meals.
- 🥪** Sandwiches, snacks and beverages.
- 🧺** Checked Baggage services at stations indicated.
- 🚫** Smoking is prohibited entirely on these trains
- 99** See Train 66 in last column below for connecting Thruway Service from Virginia Beach and Norfolk.

This timetable shows all Amtrak through service to stations between Virginia Beach/Newport News, VA and Boston, MA. Also, see timetable Form W2 for complete Washington and Philadelphia to New York schedules.

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